Value Statements

1. WE BELIEVE IN TREATING ALL PEOPLE WITH DIGNITY & RESPECT.
2. WE BELIEVE THAT PROMOTING GENDER EQUALITY IS FUNDAMENTAL TO SOCIAL JUSTICE.
3. WE BELIEVE THAT ALL PEOPLE HAVE THE RIGHT TO OPPORTUNITIES & RESOURCES THAT SUPPORT THEM IN REACHING THEIR FULL POTENTIAL.
4. WE BELIEVE IN PRACTICING HOLISTIC, CULTURALLY SENSITIVE, INCLUSIVE & INNOVATIVE COMMUNITY ENGAGEMENT.
5. WE ARE COMMITTED TO SERVING ALL COMMUNITIES REGARDLESS OF BACKGROUND GENDER, RACE, ETHNICITY, ECONOMIC STATUS, AGE, RELIGION, CULTURE, SEXUAL ORIENTATION, OR OTHER IDENTITIES.
6. WE BELIEVE IN THE POWER OF ADVOCACY FOR OURSELVES & OUR COMMUNITIES.
Established in 2010, the Mamá Tingó Early Head Start Program is an Early Head Start Program designed to be responsive to the needs of our diverse community. Consistent with the Early Childhood Head Start Act, our program’s mission is to promote the school readiness of low income children by enhancing their cognitive, social, and emotional development. The program operates within an environment that supports children’s growth in language; literacy; mathematics; science; social and emotional functioning; creative arts; and physical skills utilizing myriad approaches to teaching and learning. We help children gain the social competence, academic skills, and confidence to succeed in their present environment as well as master later responsibilities in school life by ensuring our program provides the highest quality services and by consistently maintaining full enrollment in order to make sure that the maximum number of those who qualify for our services benefit from our program. Our efforts contribute to improving our community’s participation in early education, increase families’ access to educational services within the organization and the broader community, and promote children’s readiness for school.

Establecido en el año 2010, el Programa Mama Tingo Early Head Start es un programa “Head Start” diseñado para responder a las necesidades de nuestra diversa comunidad. Consistente con la ley de “Early Childhood Head Start Act”, la misión de nuestro programa es avanzar la capacidad de niños/as de bajos recursos económicos a integrarse al sistema escolar promoviendo sus capacidades cognitivas y sociales; al igual que su desarrollo emocional. El programa opera en un medio ambiente que desarrolla las capacidades de los niños/as en lenguaje, literatura, matemáticas, ciencias, funcionamiento social y emocional, arte creativo, y destrezas físicas utilizando múltiples métodos de enseñanza y aprendizaje. Ayudamos a los niños/as a ser social y académicamente competentes y desarrollar la confianza en sí mismos para ser exitosos en su medio ambiente presente y dominar responsabilidades futuras en el sistema escolar, asegurándonos de proveer los servicios de mayor calidad y manteniendo una matriz funcionando a capacidad máxima para de tal manera asegurarnos que el mayor número de niños/as que califican para nuestros servicios se puedan beneficiar de nuestro programa. Nuestros esfuerzos contribuyen a mejorar la habilidad de nuestra comunidad a participar en educación temprana; a aumentar el acceso de nuestras familias a servicios educacionales dentro de nuestra agencia y la comunidad en general, y a asegurarnos que nuestros niños/as estén preparados para ingresar al sistema escolar.
Performace Indicator

18 Pregnant Mothers were served.

99 families enrolled in 2021

72 Early Head Start slot funded enrollment.

FULL ENROLLMENT EVERY MONTH

81 Children with insurance

77 on Medicaid or CHIP

18 Pregnant Mothers were served.

8 Children enrolled in the Program received early intervention
ELIGIBILITY

All families participate in our intensive intake process. During this time family and family worker explore the needs and plans in their participation of the program. Mamá Tingó is consistent with ERSEA policy: Recruitment through presentations at local clinics; pre-screening interviews, and intake home visits. This process guarantees an active and ranked waiting list from which new families are chosen when opportunities for enrollment occur.

CHARACTERISTICS OF ENROLLED FAMILIES

99% of our families enrolled are Hispanic.

- 99% Hispanic
- 0.6% Biracial

ELIGIBILITY

- Income at or below 100% of federal poverty: 68 families
- Receipt of public assistance such as TANF, SSI: 1 family
- Foster care: 0 families
- Homeless: 31 families
- Income between 100% and 130%: 0 families
- Over income: 0 families
CHARACTERISTICS OF ENROLLED FAMILIES (CONT’D)

Language

- Spanish: 97%
- English: 3%

EMPLOYMENT

- Both Parents are not employed: 13%
- Two Parents are employed: 43%
- One Parent is employed: 44%
**Preparación para la escuela:** Asegurar que los niños desarrollen habilidades apropiadas para la edad para prosperar en la escuela y estén listos para aprender y maximizar su capacidad.

**Apoyo Educativo:** Las familias son la base para el éxito educativo a lo largo de toda la vida.

**Apoyo a la salud y el bienestar:** Proporcionar herramientas para un desarrollo saludable y óptimo Servicios nutricionales: Ayudar a abordar las necesidades nutricionales.

**Apoyo al Servicio Social:** Identificar las necesidades y colaborar con otras agencias para satisfacer las necesidades identificadas.

**Servicios de Necesidades Especiales y Discapacidad:** Evaluar y recomendar a los niños con retrasos en el desarrollo a los recursos apropiados.

**Empoderamiento de la familia:** Proporcionar capacitación y herramientas para los padres para el logro de metas personales y la educación del niño.
The Family Services team works closely with families to support the family’s social-emotional development. Mamá Tingó Early Head Start understands the importance of supporting the family and provides the tools for parents to be their child’s first teachers. DWDC Early Head Start Program offers special events workshops and socializations for parent engagement, which includes mothers, fathers, grandparents and kinship caregivers. We encourage parent self-sufficiency and empowerment and the program offers arts and crafts, which supports artisan traditions from the cultural essence of the countries of origin of our families. We offer a summer family arts series offering participating parents and children an opportunity to explore the arts and connect with each other.
The DWDC Early Head Start Program believes that good health and a safe environment are key for children to learn. The Health Services team ensures that children are regularly visiting a doctor for recommended check-ups and immunizations. We also offer workshops, give short presentations on common child health issues, arrange one-on-one consultations with our other healthcare consultants; and help families advocate for themselves when they are having difficulty accessing or understanding issues related to health. Our other consultants include: a nurse, mental health counselor, and a nutritionist. In addition, the Health Services team works to provide a safe environment at the center for our children, and educates parents on ways to maintain the safety of their children both inside and outside the home (e.g. baby locks, sunscreen, pedestrian safety, etc.).
HEALTH

Nutrition
The Nutritionist provides nutritional consultation with pregnant women and/or parent(s) of children enrolled in the program. The purpose of the consultation is to educate parent(s) about healthy and affordable choices.

Physical Health
Our program’s main goal is for children to receive quality health preventive medical care. All children are required to submit physicals within 90 days of enrollment. Workshops are provided for parents to promote health literacy.

Mental Health
We believe that educating the community about mental health issues could help stop the stigma in the Washington Heights/Inwood Community. Mamá Tingó offers free initial mental health consultation to all participants and staff.

Dental
There is a need for dental education and care in the community. DWDC Early Head Start Program has partnered with Columbia Dentistry Dental Van services. The children receive: dental education, a complete dental exam, including fluoride treatment, onsite services several times a year, and oral disease prevention.
Home Visits
Home Visitors conduct weekly home visits that last 90 minutes. DWDC Mamá Tingó EHS’s approach includes modeling and psycho-education techniques to help parents in developing parenting skills and to support them in creating a home environment that promotes learning and healthy development:
- The education aspect of the home visit focus on the five developmental domains: Cognitive and General Knowledge, Approaches to Learning, Physical Development and Health, Language and Literacy, and Social Emotional Development.
- The Home Visitors support, educate and provide the framework that allows learning to be a priority in the home.
- The program builds parent’s understanding of effective parenting skills.
- Home Visitors support parents in practicing and strengthening their own parenting skills, and overall confidence and personal growth.
- Home Visitors use principles of adult learning in all of the above, such as observation, modeling, coaching, and helping parents understand the link between theory and practice.
Mamá Tingó is on the move to support children school readiness.

Our program promotes the school readiness of low-income children by enhancing their cognitive, social, and emotional development. The program operates within an environment that supports children’s growth in language, literacy, mathematics, science, social and emotional functioning, creative arts, physical skills, as well as utilizes diverse approaches to learning. We provide early education and learning opportunities through home visits, group socialization activities, health education, mental health, assessment of children’s nutritional needs, and promotion of child safety among others. We help children gain the social competence, skills and confidence to succeed in their present environment and later responsibilities in school life by ensuring our program maintains full enrollment consistently. We have improved the Inwood/Washington Heights community participation in early education through increasing outreach to diverse, low-income families and pregnant women, by providing access to educational services within the organization and the broader community, and by ensuring child readiness for school entry.
The data shows throughout the year children enrolled in MTEHS are developing age appropriately.

Improvements across all domains can be seen; significantly in the areas of Approaches to Learning and Cognition.

Home Visitors continue to support families intentionally to continue with the development of all children.

For those children that need Early Intervention support referrals have been made and IFSP goals have been implemented into the lesson plan.
Our program is funded through a public-private partnership. The total budget is $1,391,237,000. The total amount is composed of Public Federal Funds in the amount of $1,014,512, Cost of living Adjustment of $12,114, A non covid-19 of $21,670, and an American Rescue grant of $86,148, and Non-federal funds in the amount of $256,793. The total amount allocated for training and technical assistance is $21,589.00.

The proposed Budget for FY 2022 is as follows: The total budget allocated to the program is $1,026,626. The portion allocated towards the training and technical assistance budget is $21,589.00. The total personnel cost is $672,027, inclusive of an allocation to fringe at a 18% rate. The Other Than Personnel Services (OTPS) cost is allocated at $1,005,037. Consultant’s cost is projected at $45,000.
AGENCY’S STANDARDS GOVERNING ADMINISTRATION OF PROGRAM/ STAFF
The agency meets all legal and ethical standards of business comportment. We are governed by established policies that cover the full breadth of program operations procedures. We have established standard operating procedures for hiring, discontinuing professional association, setting of salaries and salary increases; travel and per diem allowances; benefits; verification of staff credentials; advancement and promotion, supervision, performance evaluation, and delegation of authority, amongst others. All of our operating procedures are written and can be made available for review to duly authorized persons or members of the general public.

ESTÁNDARES DE ADMINISTRACIÓN Y GOBIERNO DEL PROGRAMA
Nuestra agencia cumple con todos los requisitos éticos y legales correspondientes a los estándares comunes de operación de negocios. Estamos sujetos a políticas internas que cubren todos los procedimientos para operación de programa. Hemos establecido procedimientos para emplear el personal, para descontinuar empleomanía, establecer salarios, desembolso de costo de viajes y trabajos de paga por proyecto, beneficios, verificación de credencial del personal, promociones, supervisión, evaluación de personal, y delegación de autoridad, entre otras. Todos nuestros procedimientos están escritos y están disponibles para ser revisados por personas autorizadas o miembros del público general.

PARENT ENGAGEMENT
The program offers different ways in which parents can participate. The Policy Council is the primary space but during socialization or preparation for events many parents volunteer, representing an opportunity to empower and keep learning. Likewise, the program offers a series of workshops and talks for parents to support their personal development and to improve their parenting skills.

PARTICIPACIÓN DE PADRES
El programa ofrece diferentes maneras en las que los padres pueden participar. El consorcio para padres es el espacio principal, pero durante socialización o preparación para eventos muchos padres se ofrecen como voluntarios lo cual representa una oportunidad para empoderarse y seguir aprendiendo. Así mismo el programa ofrece una serie de talleres y pláticas para los padres para apoyarlos en su desarrollo personal así como para mejorar sus habilidades como padres.
This annual report and program operation are made possible with funding from:

The Department of Health and Human Services/Administration for Children and Families (ACF) through the Region II Office of Head Start

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Jazmin Montalvo - Home Visitor
Sofía Lucero - Family Services Worker
Joselin Madrigal - Family Services Worker

Policy Council Members
Justina Teodoro - President
Jessica Delgado - Secretary
Caridad James - Treasurer
Cristina Rafael - Socialization Representative
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Rosa Tapay - Socialization Representative
Zenaida Jimenez - Socialization Representative
Cira Garcia - Socialization Representative
Paulina Vivar - Socialization Representative
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Maria Terrero - Community Representative

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